

## Personal Social Health Education (PSHE)

PSHE education makes a significant contribution to our young people's personal development. The promotion of students' personal development is a fundamental aspect of education and underpins learning at The Harvey. Personal development is enhanced as young people develop the skills they need to grow and develop as individuals and members of society.

PSHE education contributes to personal development by helping our students build their personal identities, develop positive, tolerant personal relationships, confidence and self-esteem, make career choices and understand what influences their decisions, including financial ones. Developing self-understanding, empathy and the ability to work with others helps students to enjoy healthy and productive relationships in all aspects of their lives.

The PSHE programme of study at The Harvey is a spiral programme that is progressive, year on year. PSHE involves a number of inter-related programmes of study, which address issues of Personal Wellbeing, Economic Wellbeing, Personal Safety, Online Safety and Digital Literacy. The schedule of PSHE focus topics is given below:

|               |                                   |
|---------------|-----------------------------------|
| <b>Term 1</b> | Relationships & Bullying          |
| <b>Term 2</b> | Mental health & Respecting others |
| <b>Term 3</b> | Sex and Relationship Education    |
| <b>Term 4</b> | Drugs and Substance awareness     |
| <b>Term 5</b> | Economic well being               |
| <b>Term 6</b> | Healthy School & Healthy Students |